NIC Taxonomy: Domains and Classes

From *Nursing Interventions Classification (NIC),* 4th ed., edited by J.M. Dochterman and G.M. Bulechek (St. Louis: Mosby, 2004), pp. 112-113.

1	**Physiological: Basic** Care that supports physical functioning	2	**Physiological: Complex** Care that supports homeostatic regulation	3	**Behavioral** Care that supports psychosocial functioning and facilitates lifestyle changes	4	**Safety** Care that supports protection against harm	5	**Family** Care that supports the family	6	**Health System** Care that supports effective use of the health care delivery system	7	**Community** Care that supports the health of the community
A	Activity & Exercise Mgt.: Interventions to organize or assist with physical activity and energy conservation and expenditure	G	Electrolyte & Acid-Base Mgt.: Interventions to regulate electrolyte/acid base balance and prevent complications	O	Behavior Therapy: Interventions to reinforce or promote desirable behaviors or alter undesirable behaviors or alter undesirable behaviors	U	Crisis Mgt.: Interventions to provide immediate short-term help in both psychological and physiological crises	W	Childbearing Care: Interventions to assist in the preparation of childbirth and management of the psychological and physiological changes before, during, and immediately following childbirth	Y	Health System Mediation: Interventions to facilitate the interface between patient / family and the health care system	Yc	Community Health Promotion: Interventions that promote the health of the whole community
B	Elimination Mgt.: Interventions to establish and maintain regular bowel and urinary elimination patterns and manage complications due to altered patterns	H	Drug Mgt.: Interventions to facilitate desired effects of pharmacologic agents	P	Cognitive Therapy: Interventions to reinforce or promote desirable cognitive functioning or alter undesirable cognitive functioning	V	Risk Mgt.: Interventions to initiate risk reduction activities and continue monitoring risks over time.	Z	Childrearing Care: Interventions to assist in raising children	Ya	Health System Mgt.: Interventions to provide and enhance support service for the delivery of care	Yd	Community Risk Mgt.: Interventions that assist in detecting or preventing health risks to the whole community
C	Immobility Mgt.: Interventions to manage restricted body movement and the sequelae	I	Neurological Mgt.: Interventions to optimize neurologic function	Q	Communication Enhancement: Interventions to facilitate delivering and receiving verbal and nonverbal messages			X	Lifespan Care: Interventions to facilitate family unit functioning and promote the health and welfare of family members throughout the lifespan	Yb	Information Mgt.: Interventions to facilitate communication about health care		
D	Nutrition Support: Interventions to modify or maintain nutritional status	J	Perioperative Care: Interventions to provide care prior to, during, and immediately after surgery	R	Coping Assistance: Interventions to assist another to build on own strengths, to adapt to a change in function, or achieve a higher level of function								
E	Physical Comfort Promotion: Interventions to promote comfort using physical techniques	K	Respiratory Mgt.: Interventions to promote airway patency and gas exchange	S	Patient Education: Interventions to facilitate learning								
F	Self-Care Facilitation: Interventions to provide or assist with routine activities of daily living	L	Skin/Wound Mgt.: Interventions to maintain or restore tissue integrity	T	Psychological Comfort Promotion: Interventions to promote comfort using psychological techniques								
		M	Thermoregulation: Interventions to maintain body temperature within a normal range										
		N	Tissue Perfusion Mgt.: Interventions to optimize circulation of blood and fluids to the tissue										